## TURVEY PRE-SCHOOL PLAYGROUP

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Registered charity no.295055

## **Celebrations Policy**

At **Turvey Pre-school** we recognise that a birthday is a very special time for young children and we want to ensure it is celebrated in an enjoyable, healthy and tooth friendly way.

You do not have to bring in anything to share with your child's friends, as we ensure that your child is made to feel special on their birthday.

We do this by:

- singing 'Happy Birthday' to the birthday child and blowing out their candles on our 'tin birthday cake'
- · letting the birthday child choose a story, a song or party games at carpet time

We ask parents/carers not to bring in any cake or unhealthy treats to celebrate birthdays.

Any cake or unhealthy treats that are brought in will be sent home, where parents can choose to give this to their child. We would encourage this to be as part of a meal.

For any celebrations where we provide food or food based activities in between meals, such as when celebrating Christmas, Pancake Day, Easter, Eid, Chinese New Year etc. we will ensure that the food and drink will be tooth friendly i.e. fresh fruit/vegetables and savoury items, with milk or water to drink.

At occasional events such as picnics, fun days, fundraisers and fairs we will offer a range of food, drink, activities and prizes that support healthy, tooth friendly choices.