

TURVEY PRE-SCHOOL PLAYGROUP

The Reading Room, High Street, Turvey, Bedfordshire, MK43 8DB

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Registered charity no.295055

INTIMATE CARE POLICY

Intimate care can be defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene, which demand direct or indirect contact with, or exposure of the genitals. Examples include care associated with continence.

Statement of intent

Turvey Pre-school is committed to ensuring that all staff responsible for the intimate care of children will undertake their duties in a professional manner at all times and their behaviour is open to scrutiny. We recognise that there is a need to treat all children with respect when intimate care is given and that no child should be attended to in a way that causes distress or pain.

Regardless of whether children wear nappies or have started using a potty and/or toilet, all children are welcome at Turvey Pre-school.

Only members of staff who are permanent, qualified and hold a valid DBS certificate will be allowed to change nappies, assist children with toileting and help them change into clean clothes after a toileting accident.

We intend to help children learn about personal safety as part of their Personal, Social and Emotional Development, as appropriate to their developmental stage and degree of understanding. This is shared with parents who are encouraged to reinforce personal safety messages within the home.

Aim

We aim to work in partnership with parents/carers to provide continuity of care to children as far as possible. We aim to preserve children's dignity and to offer them a high level of privacy, choice and control. Where staff provide intimate care we aim for them to have a high level of awareness of child protection issues.

Methods

- All children who require intimate care are treated respectfully at all times; the child's welfare and dignity is of paramount importance.
- Staff who provide intimate care are fully aware of best practice. Equipment will be provided to assist children appropriately depending on their individual needs, including for children who need special arrangements following assessment from physiotherapist/occupational therapist as required.
- Staff will be supported to adapt their practice in relation to the needs of individual children, taking into account developmental changes.

- There is careful communication with each child who needs help with intimate care, in line with their preferred means of communication (verbal, symbolic, etc) to discuss the child's needs and preferences. The child is aware of each procedure that is carried out and the reasons for it.
- As a basic principle, children will be supported to achieve the highest level of independence that is possible, given their age and abilities. Staff will encourage each child to do as much for themselves as they can.
- Each child's right to privacy will be respected. Careful consideration will be given to each child's situation to determine how many carers might need to be present when a child's needs help with intimate care. Wherever possible, one child will be cared for by one adult, unless there is a sound reason for having two adults present. If this is the case, the reasons should be clearly documented.
- Wherever possible, the same child will not be cared for by the same adult on a regular basis. This will ensure, as far as possible, that over-familiar relationships are discouraged from developing.
- If a member of staff has any concerns about physical changes in a child's presentation, e.g. marks, bruises, soreness etc she/he will immediately report concerns to the appropriate person for child protection. A clear record of the concern will be completed and referred on if necessary. (see Safeguarding Children policy)
- If a child becomes distressed or unhappy about being cared for by a particular member of staff, the matter will be looked into and outcomes recorded. Parents/carers will be contacted at the earliest opportunity as part of this process, in order to reach a resolution. The child's needs will remain paramount. Further advice will be taken from outside agencies if necessary.

Nappy and toileting facilities

Children will have access to the following nappy changing and toileting facilities:

Children will have access to steps to help them onto the toilet or at the sink for hand washing independently

We are aware that some children find comfort in using certain toilet seats or potties. Turvey Pre-school welcome these items into session to ensure the child feels settled when toileting.

Turvey Pre-school has a designated toilets for children, where there is the option to use a small training seat. Potties are also available for the children to use.

Nappy Changing Procedures:

Children's privacy will be protected as much as possible, while also maintaining high levels of hygiene and safety.

Nappy changes will be carried out discreetly, out of the direct view of others, wherever possible.

Children will be required to respect each other's privacy and not watch each other during nappy changes or while using a potty/toilet.

Children will be encouraged to ensure they are fully dressed after toileting, before joining the others.

Nappies will be changed in the toilet area. A nappy changing mat will be used on the floor in the main floor within the sink area. Member of staff will also be able to be seen from the main room when doing so.,

Parents are asked to supply nappies and wipes for their child.

Turvey Preschool do not hold spare nappies.

If nappies fail to arrive a Pre-school a phone call home will be made for nappies to be bought in.

Nappies are disposed of at Turvey Preschool. Nappies will be double bagged for hygiene reasons and place immediately in the outside black bin.

The changing mat is cleaned after each use. Anti-bacterial spray and blue bathroom cloth is used. The cloth is then put into the washing machine.

If parents/carers would prefer to use cloth nappies, then they are welcome to do so.

These nappies are to be supplied by parents. It will be agreed during the home visit on the process.

Parents are to supply nappies and wipes.

Bags should be supplied by parents for the cloth nappy to be returned home at the end of the session.

Staff will not take responsibility in cleaning the cloth nappy. Solid soiling will be disposed of in the toilet as appropriate.

Nappy changing will take place during session as needed.

Staff are aware of all children in nappies.

The designated Health and safety staff member on each day will take responsibility to change nappies mid-morning and mid-afternoon.

Nappy changing is recorded on a form placed on the door of the toilet area.

Any concerns, redness are reported to parents and recorded.

Parents are able to complete a non-prescribed medication form and staff are then able to apply rash cream such as Sudocrem or Metanium.